

Can our Volunteers Help?

EPC Volunteers - A visit changes your day

Our volunteers are a part of our care team. They undergo extensive screening and training.

How can they support you?

- Biography
- Companionship
- Respite
- Carer support
- Walking dogs
- Hairdressing
- Professional photography
- Bringing visiting dogs to you

Volunteers do not

- Give medication
- Provide personal care
- Handle finances
- Assist with housework

There is no cost for EPC volunteer programs.

Volunteer support ends once connection with EPC ends.

Carer Support

You've got this

EPC volunteers can be linked 1:1 with our carers to provide a listening ear and social support.

This can be in the home or outside of it.

They are highly trained and often have experienced the same journey as you have.

Visits are scheduled as often as you need them, up to once per week.

Stay Connected

with EPC



Subscribe via our website for news, events, fundraising activities and to receive our quarterly e-newsletter.

You can also like us on Facebook **@epcaus**, follow us on Instagram **@epcaus**, connect with us on LinkedIn **EPC (Eastern Palliative Care)** or subscribe to our YouTube channel **EPC (Eastern Palliative Care)**.

Support EPC

Although the majority of our funding comes from Government sources, EPC also relies on community fundraising, bequests and donations to maintain the wide array of free services and programs we provide to clients, care givers and families.

Donate online www.epcvic.org.au



Palliative care. Living well every day.

epcvic.org.au ☎ 1300 130 813



Eastern Palliative Care Ltd acknowledges the support of the Victorian Government.

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Volunteer Services

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Smile Makers

Put a smile on your dial

Smile Makers is in place to complement our other volunteer services with lovely photos, providing a lasting memory. This service is for EPC clients and their family only.

The photos might be of you, you and your family and/or your pet. It may accompany a short testimonial or a story you might want to tell, or it might just be for you and your family as a keepsake.

This service and the beautiful images are provided free of charge and are yours to use in whatever way you like.

How the program works:

- One session only, up to one hour
- Photographer comes to you
- You are given an electronic copy of the photos for your unlimited use (email address required).



Thank you to the family of Ulrich K. for the use of this image.

Palliative Paws

Furry Friends

EPC recognises that dogs are a key support system for you. We know that they bring joy into a home (especially when they're calm and well exercised).

Our volunteers are able to walk your dog twice a week to let them get out and sniff the dandelions. A brochure is available, upon request, with more information on this program.

Paws To You

EPC also has dogs that can be brought to visit you in your home. If you are missing the interaction with furry friends, then let us know.



Community

Us with you



EPC volunteers can visit you once a week for a coffee and a chat at home, or they can take you out to an activity you would enjoy.

They can also stay with you while your carer gets out to recharge their batteries.

Cloud 9

Volunteer hairdressers

Cloud 9 offers the services of a qualified hairdresser to come to your home for free.

How the program works:

Our hairdresser comes to you during business hours, once only, for a haircut, blow wave and/or facial hair trim. Shaving, colouring, rollers or perm services are not available. You will need to be able to sit up and have washed your hair, to receive this service.

Biography

Every life is a story



Why tell your story?

- A creative activity
- A gift for family/friends
- A way to say what is important to you
- A chance to remember

All you need to do is talk – we will guide you and create the story for you. Upon completion, you will receive two hard copies and an electronic copy of your story. It belongs to you – not EPC.

Confidential

NB: There may be parts of your story that the biographer suggests you do not print as it could cause problems for others in the future. If that occurs, EPC staff will discuss other ways of achieving your wish. EPC is required to report illegal activities. Unfinished biographies can be requested by the executor of the estate.